

# VIROQUA COMMUNITY



# BIKE RIDE



*Family Fun, Dave's Pizza, T-Shirts!*

**ATTENTION ALL BIKE RIDERS!**

Come join us for the **15th Annual Viroqua Community Ride on Saturday, May 11, 2019**. Our goals for the ride are to just get people outside and moving, to enjoy a ride around our beautiful community and to have fun with friends and neighbors.

The ride starts at 10:00am with same-day registration at 9:30am, beginning at the Dahl Parking Lot (210 S. Main Street). The ride will be a 6-mile circle around Viroqua. **At the end of the ride we will have drawings for a Bluedog gift certificate and other prizes!**

**All ages are welcome! Bike helmets are recommended for all riders.** We ask that children under 10 are accompanied by a responsible adult in case of any type of accident. Bluedog Cycles will be providing assistance with any minor technical problems.

In order to get properly-sized T-shirts for riders, please fill out the pre-registration form below and return it to the VMH Wellness Center, Viroqua Chamber Main Street, Viroqua Elementary and Middle Schools, or Bluedog Cycles. **There is no charge for the ride or T-shirts, thanks to our generous sponsors!** (Due to increased numbers, children will have first priority for T-shirts. Extra T-shirts may be for sale at ride.) If you have any questions about the ride, call Bluedog Cycles at 637-6993 or Dean Saner at 637-7607. Hope to see you there!

**DATE: Saturday May 11, 2019**

**TIME:** Registration starts at 9:30am; Bike Ride Starts 10:00 am.

**LOCATION:** Starts and ends at Dahl Parking Lot 210 S. Main Street

**FREE!** Donations are gladly accepted and benefit Vernon Trails, Inc., a non-profit advocating silent sports

If you would like to donate to the Community Bike Ride, your financial contribution is greatly appreciated.

**Pre-register by April 20** at Viroqua Chamber, Viroqua Area Schools or Bluedog Cycles.

**FIRST 100 PRE-REGISTERED RIDERS RECEIVE FREE T-SHIRT**

**DRAWING FOR GIFT CERTIFICATE & OTHER PRIZES!**



Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-Shirt: Adut: M \_ L \_ XL \_ XXL \_ Child: M \_ L \_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-Shirt: Adut: M \_ L \_ XL \_ XXL \_ Child: M \_ L \_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-Shirt: Adut: M \_ L \_ XL \_ XXL \_ Child: M \_ L \_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-Shirt: Adut: M \_ L \_ XL \_ XXL \_ Child: M \_ L \_

In consideration of acceptance of this entry, I hereby, for myself, my heirs, executors, and administrators, release any and all claims and rights for damages I may have against the organizers and sponsors of the Viroqua Community Bike Ride. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event, and that my physical condition has been verified by a licensed medical doctor if there is any reason to suspect an underlying medical condition pertinent to my successful participation in this event. Furthermore, I hereby grant full permission to any and all of the foregoing to use my name, photographs, videotapes, motion pictures, recordings, or any other record of this event for any other legitimate purpose without charge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If under 18 years old, parent/guardian must sign.)

